

Total Control® Beginner Riding Clinic

MINIMUM GEAR REQUIREMENTS

<p><u>HELMET</u> Full-face DOT-compliant helmet No more than 5 years old.</p>	 NO	 NO	 NO	 YES
<p><u>SHIRT/JACKET</u> Long sleeve shirt or jacket. Jacket preferred. Dress in layers so you may adjust to weather. No low cut shirts.</p>	 NO	 YES	 YES	 YES
<p><u>PANTS</u> Motorcycle riding pants or denim jeans with no rips, holes or tears. No leggings/ Yoga pants or sweat pants.</p>	 NO	 NO	 YES	 YES
<p><u>BOOTS</u> Study over the ankle leather boots (leather preferred). No skate shoes, sneakers or soft suede. *NO = If canvas *YES = If leather</p>	 NO	 NO*	 YES	 YES
<p><u>GLOVES</u> Full fingered, full leather or motorcycle gloves (street specific) No dirt bike or mechanics gloves.</p>	 NO	 NO	 YES	 YES
<p><u>PROTECTIVE EYE WEAR</u> Goggles or helmet face shield. Eyeglasses or sunglasses may be worn, but must be shatter-resistant.</p>	 NO	 + Helmet Faceshield YES	 + Helmet Faceshield YES	 YES

Please call or email us at: colorado@totalcontroltraining.net if you have any questions regarding gear.

*We provide a full face helmet if you do not have one.